

LUN., 21 OCT.	MAR., 22 OCT.	MER., 23 OCT.	JEU., 24 OCT.	VEN., 25 OCT.	SAM., 26 OCT.	DIM., 27 OCT.
<p>09:30 - 10:30 Sculpt Group Classes Studio Cindy Passarella</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Jims Evere</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Anne-Michele Franken</p>	<p>10:00 - 11:00 Sculpt Group Classes Studio Tshilobo Kitumba mukinay</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Jims Evere</p>	<p>09:30 - 10:30 Zumba® Group Classes Studio Sabrina Verboomen</p>	<p>09:30 - 10:30 TAF Group Classes Studio Anne-Michele Franken</p>
<p>10:30 - 11:30 Mobility (SGT) Group Classes Studio Cindy Passarella</p>	<p>11:00 - 12:00 Women's Strength Training (SGT) Fitness Floor Zakaria Abou-Khalid</p>	<p>12:00 - 12:45 Healthy Back (SGT) Fitness Floor Zakaria Abou-Khalid</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Zakaria Abou-Khalid</p>	<p>11:00 - 11:45 Squat Bench Deadlift (SGT) Fitness Floor Alain Tokou</p>	<p>10:30 - 11:30 Boxing Group Classes Studio Gerald Vata</p>	<p>10:30 - 11:30 Pilates Group Classes Studio Anne-Michele Franken</p>
<p>12:00 - 13:00 Start To Workout (SGT) Zakaria Abou-Khalid</p>	<p>18:00 - 19:00 Crosstraining Fitness Floor Alain Tokou</p>	<p>12:15 - 13:00 Les Mills Bodyattack™ Fitness Floor Thierry Amirat</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Deborah Noel</p>	<p>12:15 - 13:00 TAF Group Classes Studio David Basdas</p>	<p>11:00 - 11:45 Weight Loss (SGT) Fitness Floor Chloé Meunier</p>	
<p>18:00 - 19:00 TAF Group Classes Studio Thierry Amirat</p>	<p>18:00 - 19:00 TAF Group Classes Studio Vanessa Nellessen</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Chloé Meunier</p>	<p>18:30 - 19:30 Yoga Maya Alvini</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Zakaria Abou-Khalid</p>		
<p>18:30 - 19:30 Men's Strength Training (SGT) Chloé Meunier</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Vanessa Nellessen</p>	<p>19:00 - 20:00 Sculpt Group Classes Studio Tshilobo Kitumba mukinay</p>	<p>19:30 - 20:30 Zumba® Group Classes Studio Sabrina Verboomen</p>	<p>18:30 - 19:30 Yoga Body & Mind Cube Maya Alvini</p>		
<p>18:30 - 19:30 Yoga Body & Mind Cube Maya Alvini</p>						
<p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Thierry Amirat</p>						

LUN., 28 OCT.	MAR., 29 OCT.	MER., 30 OCT.	JEU., 31 OCT.	VEN., 01 NOV.	SAM., 02 NOV.	DIM., 03 NOV.
<p>09:30 - 10:30 Sculpt Group Classes Studio Cindy Passarella</p>	<p>10:00 - 11:00 Core Group Classes Studio Jims Evere</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Anne-Michele Franken</p>	<p>10:00 - 11:00 Sculpt Group Classes Studio Tshilobo Kitumba mukinay</p>	<p>10:00 - 11:00 Core Group Classes Studio Jims Evere</p>	<p>09:30 - 10:30 Zumba® Group Classes Studio Sabrina Verboomen</p>	<p>09:30 - 10:30 TAF Group Classes Studio Anne-Michele Franken</p>
<p>10:30 - 11:30 Mobility (SGT) Group Classes Studio Cindy Passarella</p>	<p>11:00 - 12:00 Women's Strength Training (SGT) Fitness Floor Zakaria Abou-Khalid</p>	<p>12:00 - 12:45 Healthy Back (SGT) Fitness Floor Zakaria Abou-Khalid</p>	<p>10:30 - 11:30 Yoga Body & Mind Cube Sandra Zidda</p>	<p>11:00 - 11:45 Squat Bench Deadlift (SGT) Fitness Floor Alain Tokou</p>	<p>11:00 - 11:45 Weight Loss (SGT) Fitness Floor Chloé Meunier</p>	<p>10:30 - 11:30 Pilates Group Classes Studio Anne-Michele Franken</p>
<p>12:00 - 13:00 Start To Workout (SGT) Zakaria Abou-Khalid</p>	<p>18:00 - 19:00 Crosstraining Fitness Floor Alain Tokou</p>	<p>12:15 - 13:00 Les Mills Bodyattack™ Fitness Floor Thierry Amirat</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Zakaria Abou-Khalid</p>	<p>12:15 - 13:00 TAF Group Classes Studio David Basdas</p>		
<p>18:00 - 19:00 TAF Group Classes Studio Thierry Amirat</p>	<p>18:00 - 19:00 TAF Group Classes Studio Vanessa Nellessen</p>	<p>18:00 - 19:00 Boxing Group Classes Studio Tshilobo Kitumba mukinay</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Deborah Noel</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Zakaria Abou-Khalid</p>		
<p>18:30 - 19:15 Healthy Back (SGT) Fitness Floor Chloé Meunier</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Vanessa Nellessen</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Chloé Meunier</p>	<p>18:30 - 19:30 Yoga Maya Alvini</p>	<p>18:30 - 19:30 Yoga Body & Mind Cube Maya Alvini</p>		
<p>18:30 - 19:30 Yoga Body & Mind Cube Maya Alvini</p>		<p>19:00 - 20:00 Sculpt Group Classes Studio Tshilobo Kitumba mukinay</p>	<p>19:30 - 20:30 Zumba® Group Classes Studio Sabrina Verboomen</p>			
<p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Thierry Amirat</p>						